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Watch this: Rose Kalam Woo's new bars dismount



Blythe Lawrence, Gymnastics Examiner
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Video: [Rose Kalam Woo, 2011 Combs-la-Ville, Bars:](#)

Canadian junior **Rose Kalam Woo** made a grand impression by winning the Hopes Division of the **Combs-la-Ville Tournament** that took place this week just south of Paris. On bars, Woo showed a dismount I can't recall seeing before: a double front in the pike position.

We've seen Arabian double pikes off bars (most notably from **Li Ya** and **Ksenia Semyonova**), and even a double front pike half out (from **Jeannette Antolin** in 1999, who was also the first I can recall doing a layout Jaeger) but this is the first double front pike to make an impression.

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Check out the routine [here](#) or by clicking the video image off to the left, and check out other videos from Combs-la-Ville on [Liebetomth's Youtube channel](#).



Woo, 11, trains with older sister **Victoria Kayen Woo** at Gym-Richelieu in Quebec. Unbelievably, she's been churning out amazing skills for a gymnast her age since she was about eight. Eight!

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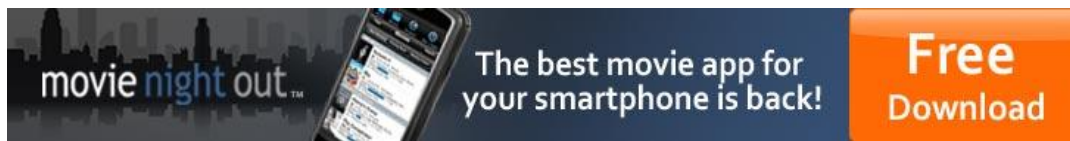
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